

TRUST GOD IN FAITH

NOVEMBER 28, 2021

Psalm 13 and Lamentations 5

LEARNING TO LAMENT _____ ME TO _____ GOD IN THE MIDST OF MY TRIALS.

Read Lamentations 5. Which complaints align with your own pain, grief or struggle?
Write out your lament prayer using the language of Lamentations 5, but inserting your own details and words.

3. APPLY THE TRUTH

After this long journey of learning to lament what are you taking away to help you better follow God during trials? What has most helped you in this series to grow in your faith?



I. Lament always turns toward _____. – v. 1-5

True lament always _____ to trust.

II. Lament always flows from a _____ for trust. – v. 5-6

3 Foundations for Trust:

- 1.
- 2.
- 3.

True lament is _____ on my trust of God.

III. Lament is God's grace to _____ . – Lamentations 5

4 Parts of Lament:

- 1. Turn – v. 1

- 2. Complain – v. 2-18
 - Grief – v. 3
 - Attack – v. 5
 - Sinned Against – v. 7
 - Health – v. 10
 - Work/Financial – v. 13
 - Loss of Joy – v. 15
 - Own Sin – v. 16

- 3. Ask – v. 21

- 4. Trust – v. 19

Keep trusting _____ who keeps you trusting.

Stewardship Report:
Last Week: \$4,096.00
This Month: \$22,585.00
Last Month: \$32,302.00
Monthly Budget: \$26,531.00



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SMALL GROUP APPLICATION QUESTIONS

1. STUDY THE SCRIPTURE

Read Psalm 13. Why is “but” such an important word in the process of lament? What happens if you stop short of trusting God in the lament process? What foundations does the psalmist give for turning to trust in God?

2. ASSESS YOUR LIFE

In your own words, how would you define trust? What does it sound like and look like? Why is it important to think about trust as “active patience”? What current pain or grief do you need to pray “but” in the midst of right now? What does trust sound like and look like in your situation?

What are some barriers that can stand in your way of turning to trust in God? What truths from God's Word can remove those barriers from your heart? What songs can help you turn to trust in God again?

